



# Counseling for Unwanted Same Sex Attractions is Effective

By: Christian Newswire  
LC.org

ORLANDO, Fla./Christian Newswire/ -- A recent study, Effects of Therapy on Religious Men Who Have Unwanted Same-Sex Attraction, confirms the overwhelming effectiveness of people receiving counseling to reduce or eliminate their unwanted same-sex attractions, behaviors, or identity. In this study, more than two-thirds of those who participated in group or professional help had significant heterosexual shifts in sexual attraction, sexual identity, and behavior, and moderate-to-marked decreases in suicidality, depression, substance abuse, and increases in social functioning and self-esteem. The study's effectiveness rates for counseling people with unwanted same-sex attraction were comparable to the effectiveness rates of psychotherapy in general for any unwanted issue. Prevalence of help

or hindrance, and effect size, were comparable with those for conventional psychotherapy for unrelated mental health issues. Meta-level study on a wide range of therapies has shown that the average person who received counseling for whatever problem was better off than 70 to 75 percent of the persons who did not receive counseling (Lambert 2011). This current research also strongly refutes claims the American Psychological Association and other organizations have made aimed at discouraging counsel to change unwanted same-sex attractions, behavior, and identity. Liberty Counsel has filed several lawsuits challenging laws banning counsel that might change or reduce unwanted same-sex attractions, behavior, or identity. One filed suit is against the City of Tampa

for its adoption of an ordinance that prohibits licensed counselors from providing and clients from receiving counsel to reduce or eliminate unwanted same-sex attractions, behaviors, or identity. The ordinance imposes significant monetary fines on counselors who provide such counseling. Liberty Counsel represents Robert Vazzo, LMFT, David Pickup, LMFT, and their minor clients and their parents. Liberty Counsel also filed suit in federal court against the City of Boca Raton and Palm Beach County for their adoption of City Ordinance 5407 and County Ordinance 2017-046 which prohibit minors in Boca Raton and Palm Beach County from receiving voluntary counseling from licensed professionals to reduce or eliminate their unwanted same-sex attractions, behaviors, or gender confu-

sion. Liberty Counsel represents Dr. Robert Otto, LMFT, Dr. Julie Hamilton, LMFT, and their minor clients. "This recent study by Santero, Whitehead and Ballesteros again confirms that people struggling with unwanted same-sex attractions, behaviors or identity benefit significantly from professional counseling," said Mat Staver, Founder and Chairman of Liberty Counsel. "Every person should have access to the counsel of their choice. No government has the authority to prohibit a form of counseling simply because it does not like the religious or moral beliefs of a particular counselor or client," said Staver. Liberty Counsel is an international nonprofit, litigation, education, and policy organization dedicated to advancing religious freedom, the sanctity of life, and the family since 1989, by providing pro bono assistance and representation on these and related topics.

### GRIEF SUPPORT GROUP

**Help and encouragement after the death of a loved one.**

**MONDAYS 7 - 9 PM**  
Restoration Fellowship  
5614 Richardson Rd.  
Sarasota, FL  
Contact: Phyllis at  
941-284-1255  
Contact Us Today

Griefshare is a special weekly seminar and support group designed to help you rebuild your life.

**DON'T MISS A SINGLE COPY OF:**

## HE'S ALIVE CHRISTIAN NEWS AND VIEWS

- ✦ We will email you the most current edition each month at your request.
- ✦ Fill out this form and return to us or go online at [www.hesalivenews.org](http://www.hesalivenews.org)
- ✦ No money is required but your donations, big or small, help us pay postage and expenses.

**YES! SEND ME HE'S ALIVE EVERY MONTH BY:**

SNAIL MAIL: \_\_\_\_\_  
 EMAIL: \_\_\_\_\_  
 BOTH: \_\_\_\_\_

NAME: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 CITY: \_\_\_\_\_  
 ST: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 EMAIL ADDRESS: \_\_\_\_\_

I WILL PRAY FOR HE'S ALIVE: \_\_\_\_\_  
 SEND EXTRA COPIES FOR ME TO DISTRIBUTE: \_\_\_\_\_  
 ENCLOSED IS MY GIFT OF: \_\_\_\_\_

(MAKE CHECKS PAYABLE TO FAITH INTERNATIONAL CHRISTIAN CENTER)

You can also donate online through paypal at [www.hesalivenews.org](http://www.hesalivenews.org)

**YOUR AD COULD BE SEEN HERE BY THE CHRISTIAN COMMUNITY partner with us: [www.hesalivenews.org](http://www.hesalivenews.org)**

**How shall they hear without a preacher... (Romans 10:14) Invite them to your church or event.**

**Advertise here.**

**Contact us today.**

[www.hesalivenews.org](http://www.hesalivenews.org)  
 Email: [hesalivenews@yahoo.com](mailto:hesalivenews@yahoo.com)

## Rebecca & Eric St. Jean

visit: [www.islandmailandmore.com](http://www.islandmailandmore.com)  
 Email: [info@islandmailandmore.com](mailto:info@islandmailandmore.com)

**YOUR ISLAND BUSINESS CENTER**

**Packing • Shipping • Copying**  
**UPS • Fedex • DHL • US Mail**

3230 East Bay Drive | Holmes Beach, FL. 34217  
**P: 941-778-1911 • F: 941-779-2493**

## HIBACHI GRILL

& supreme buffet  
941-708-0333

3616 1st St. W, Bradenton FL 342085

**THANK YOU !!! THANK YOU FOR HOSTING OUR WIRE RACKS IN YOUR LOBBY FOR DISTRIBUTION OF OUR HE'S ALIVE CHRISTIAN NEWS & VIEWS NEWSPAPER. HELP US REACH MORE FOR THE GOSPEL! IF YOU KNOW A LOCATION WHO WOULD HOST A FREE WIRE RACK?**

**CONTACT US:**  
[HESALIVENEWS@YAHOO.COM](mailto:HESALIVENEWS@YAHOO.COM)

**GOD IS REAL, EVERY MORNING**

**5:30 AM eastern time, WWPR 1490 AM!** You can also join us on our Facebook channel: [www.facebook.com/Godisreal2013](http://www.facebook.com/Godisreal2013)

We love to interact with you. So join the discussion, make a comment on the comment box or email it to: [ficcpastor@yahoo.com](mailto:ficcpastor@yahoo.com)

If you have prayer request, send it to us, we would love to pray with you, in Jesus name!